



Nebulizer Cleaning Tips



Start with a Clean and Disinfected Nebulizer for each treatment.
Make sure your hands are clean too!

CLEAN



Wash

- in hot soapy water wiping with a clean paper towel (then throw away paper towel)

Rinse

get rid of any soap

(You can use a dishwasher to clean it too)

Use ONE of these methods

- Microwave for 5 minutes (covered in water in a microwave safe dish)
- Dishwasher on top rack (if water is greater than 158 F for 30 minutes)
- Boil on stove for 5 minutes

Disinfect



Air Dry



All Clean!

No bugs (germs)!

- On a clean paper towel
- Do not put your Nebulizer away wet